

I Will Hope

From Psalm 71 Entitled: "God the Rock of Salvation"

"But I will hope continually and will praise you yet more and more." – Psalm 71:14

What does it take to "hope continually" as the author of Psalm 71 proclaims?

The psalmist (as is obvious from this psalm) did not have sunshine and roses every day of his life.

In fact, if you read the entire Psalm, in his reality, he mentions:

- enemies who are out to kill him v.10
- the need for rescue and deliverance v.4,9, 13
- people mocking him and giving up any hope for him v.11
- weakness in old age, troubles, and calamities v.18,20

Yet the psalmist does six things to keep and strengthen his hope:

1. He remembers who the Lord is.
v.22 "the Holy One of Israel"
2. He remembers what God has done for him in the past.
v.17 I declare your wondrous works.
3. He prays for solutions to His problems.
v.4 Deliver me from the hand of the wicked.
4. He trusts that God will answer his prayers.
v.20 shall revive me again
5. He teaches others about God.
v.24a "My tongue also shall talk of your righteousness."
6. He praises God with singing and with instruments.
v.22 "With the lute I will praise You...to You I will sing with the harp."

These are just some of the ways we too can maintain our faith and hope through the difficult seasons of our lives.